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## **REPORT OF THE WORKSHOP ON "7 WEEK JOURNEY OF INNER GAME FOR SUCCESS"**

Duration: 17th January 2021 to 28th February 2021

Organized by IQAC Department, DES's NMITD & Happy Managers Hub (Initiative of MMS HR Batch 2019-2021)

Venue: Online MS Teams

The workshop titled "Inner Game for Success" was organized by IQAC Department, DES's NMITD & Happy Managers Hub (Initiative of MMS HR Batch 2019-2021) from 17<sup>th</sup> January 2021 to 28<sup>th</sup> February 2021. This 7-week journey **initiated on international mentoring day** was solely intended for the past and current Management students of DES's NMITD & JSKBS & MCA students of DES's NMITD. The program was structured for preparing the participants to become the future leaders of India Inc by focusing on deep rooted assumptions & belief systems an individual hold about different aspects of life and the impact those assumptions and beliefs have on the outcomes of their life.

The Objectives of the workshop are as follows:

1. To understand how self-identity, process and outcomes are related to each other
2. To enable the participants to initiate small talk without anxiety
3. To understand the importance of positive self-esteem
4. To introduce to the participants 7 psychosocial variables of resilience
5. To understand the importance of focus and personal responsibility

In conclusion, it can be said that the workshop achieved its intended purpose to enable the participants to understand the importance of integrating mindset, motivation and method for personal & professional effectiveness



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Structure of the 7-week Journey of "Inner Game for Success"

Session	Particulars	Resource Person
Power of Giving	Discovering Your Own self & Resonating with Your Focus & Energy	Dr Kasturi R Naik, Assistant Professor, DES's NMITD International Heal Your Life
Power of Believing	Awareness of beliefs Impact of beliefs on different aspects of life Mindset, motivation & method connection to beliefs	®Coach International Heal Your Life Workshop & Seminar Leader
Power of Habits	Self-identity Process Outcomes Implementation intention	
Power of Network	Are you conscious of your Inner circle? 3 daily rituals attracting elevating network	
Power of Trust	Boost your daily Trust Factor Trust = Referrals Let doubt not stop You	
Power of Relaxation	Importance of rest pauses Recreational activities -	



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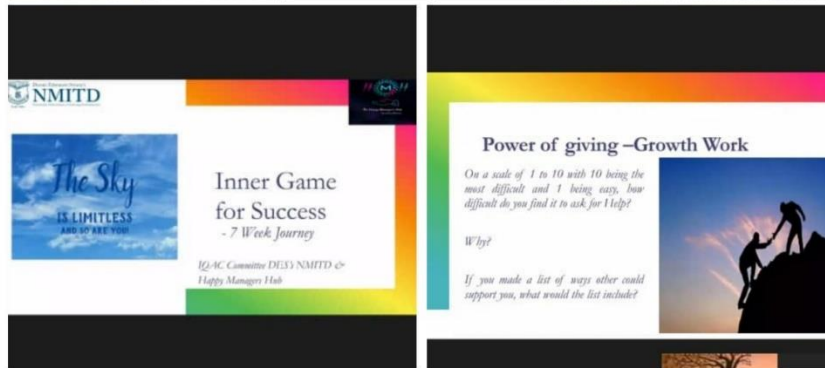
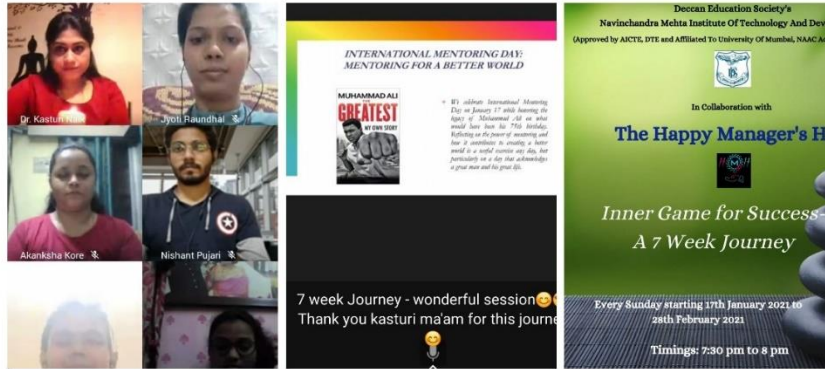
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	gardening, painting, listening music etc.	
Power of Willingness	AWI triangle Team sharing	



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Learnings from 7 week Journey "Inner Game for Success"  
Organized by IQAC Department , DES's NMITD & Happy Managers Hub , 17th Jan 21 to 28th Feb 21



**Glimpses of the Workshop on 7-week journey “Inner Game for Success”  
initiated on “International Mentoring Day -17<sup>th</sup> January 2021”**



**Prepared by Placement Committee**



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## **WEBINAR SUMMARY REPORT :**

# **AI FOR BUSINESS EXCELLENCE**

**FEB 13,2021**



**MR.RAMAKRISHNAN RAJENDRAN**  
**CHEIF PRODUCT ARCHITECT**  
**PIVOTCHAIN SOLUTIONS**

## **INTRODUCTION**

The Technical & Placement committee of DES's NMITD conducted a webinar on "AI FOR BUSINESS EXCELLENCE" for the students, faculties of MCA & MMS.

The webinar was held on 13 Feb 2021, 10:00 A.M.- 12 P.M. Mrs. Deepa Honrao and Mrs. Apeksha Gaje – Head of Technical and Placement Committee coordinated the programme with the honourable speaker Mr. Ramakrishnan Rajendran. There were totally 116 participants out of which 7 faculties, 109 students from DES's NMITD institution.

Mr. Ramakrishnan Rajendran, Chief Product Director, Pivotchain Solutions - has a wide experience in AI & ML. He has worked with companies like Cynapto, UST Global Campus etc. He is an active participator in Hackthons of AI and IOT events. Currently pursuing PhD in Data Mining.

➤ The course content delivered in the webinar is as follows:

More and more organizations are leveraging machine learning (ML) and artificial intelligence (AI) to automate demanding processes and analyze data with algorithms that convert information into intelligence and useful insights.

As revealed by the Speaker, the applications of ML and AI feature in numerous business cases via real-time customer support that utilizes chatbots for process mining and KPI reporting.

The Speaker also gave a new direction on how decision-making can be improved by AI, which helps users analyze their data and provides businesses with valuable insights and predictions, while ML can be used to streamline business processes.

➤ **Webinar Key Takeaway and Insights:**

❖ **Digital to Intelligent Transformation:**

AI for business excellence

Request control

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# Digital to Intelligent Transformation

Mainframe & PCs 1960s–1980s	Client Server & Internet 1990s–2000s	Cloud, Mobile & Big Data 2000s–2010s	Intelligent Technologies 2010s–2020s
<b>Industrial Automation</b> <ul style="list-style-type: none"> <li>Transistors and silicon revolution</li> <li>Large-scale mainframe computing adoption</li> <li>Emergence of PCs</li> <li>Plant floor automation</li> </ul>	<b>Business Process Automation</b> <ul style="list-style-type: none"> <li>Widespread PC adoption</li> <li>Broadband and internet</li> <li>ERP and business</li> <li>Process technologies</li> </ul>	<b>Digital Transformation</b> <ul style="list-style-type: none"> <li>Mobile and smartphone ubiquity</li> <li>Cloud computing</li> <li>Social networks</li> <li>Big Data</li> </ul>	<b>Intelligent Enterprise</b> <ul style="list-style-type: none"> <li>Machine learning and artificial intelligence</li> <li>IoT and distributed networks</li> <li>Blockchain</li> </ul>

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Participants

Type a name

Presenters (12)

Mute all

- Sagar Shambhag
- Aditi Parekar
- Amol Vyasaishkar
- Asst Prof Deepa Honrao
- Asst Prof Rahul Wadekar
- Dr. Rasika Malys
- Garish Jadhav
- Manoj Sawant
- Monis Achary
- Mr. Pratik Desai
- Mrs. Apaksh Gaje
- ram (Guest)

Attendees (101)

- Vivendra ehatpe
- Adesh Patil
- Aditi Humraskar
- Aditya Gupta
- Ashwarya Kurkute
- Abhinav's (Guest)

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## ❖ The Four Industrial Revolution:

AI for business excellence

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# Industry 4.0

### The Four Industrial Revolutions

Industry 1.0	Industry 2.0	Industry 3.0	Industry 4.0
Mechanization and the introduction of steam and water power	Mass production assembly lines using electrical power	Automated production, computers, IT-systems and robotics	The Smart Factory. Autonomous systems, IoT, machine learning

Smart Sensors, Sensor Fusion, IoT, Cloud Computing, Advanced Algorithms, AI, Automation, Big Data, Predictive Maintenance

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Participants

Type a name

Attendees (101)

- neeraj ougria
- Alchay Gurav
- alishakamath04 (Guest)
- Anushka Kamble
- Arti Hotkar
- Avinash Jainwal
- Bhagchi Vjapure
- Bhagyashree Khyade (Stude...
- Bhaskar Ashish
- Shumika Narale
- deeksha
- Darpan Ganesh Lokhande (St...
- Darshana
- Darshana Kadam
- Devednisha Shukla
- Dipali Zanje
- Ditya
- Dityesh Pawasdar (Guest)
- Gaurav Manohar Shinde (Stud...
- Harshada

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## ❖ AI Market:



# AI Market

- AI has the potential to add US\$957 billion to India's economy in 2035 (Accenture, 2020)

Refer the domain-wise reports  
<https://www.researchandmarkets.com>

## AI & GDP

AI could potentially deliver additional global economic activity of around \$13 trillion by 2030, or about 16 percent higher cumulative GDP compared with today. This amounts to about 1.2 percent additional GDP growth per year.

Period	Impact on GDP Growth	Technology/Event
1800s	0.3%	Introduction of steam engines
1990s	0.4%	Introduction of robots
2000s	0.6%	Spread of IT
by 2030	1.2%	AI

If delivered, this impact would compare well with that of other general-purpose technologies through history, such as the introduction of steam engines during the 1800s, the impact from robots during the 1990s, and the spread of IT during the 2000s.

Source: McKinsey Global Institute

## ❖ Need of AI:

# Why AI needed?

- ❖ Grow Revenue and Increase Profits
- ❖ Create Better customer experience
- ❖ Improve Decision Making
- ❖ Innovate Products
- ❖ Achieve Cost Savings
- ❖ etc...

## Top 5 ways AI may pay off

Way	Percentage
Grow revenue and increase profits	48%
Create better customer experiences	46%
Improve decision making	40%
Innovate products	39%
Achieve cost savings	38%

## ❖ AI UseCase:

# AI Usecase

## The Most Common Use Cases of AI

Estimated % of AI spending by use case in 2025

Use Case	% of Spending
Algorithmic financial trading	17%
Image recognition and tagging	16%
Patient data processing	15%
Predictive maintenance	10%
Content distribution on social media	8%
Text query of images	8%
Automated geophysical feature detection	7%
Object identification and tracking	7%
Object detection / classification	6%
Contract analysis	6%

Source: Tractica Research's spending estimates for Top 10 AI use cases in 2025

## Artificial Intelligence In Industries

Ranking	Industry	High-potential use cases
1	Healthcare	<ul style="list-style-type: none"> <li>Supporting diagnoses by detecting variations in patient data</li> <li>Early identification of potential pandemics</li> <li>Imaging diagnostics</li> </ul>
2	Automotive	<ul style="list-style-type: none"> <li>Autonomous fleets for ride sharing</li> <li>Semi-autonomous features such as driver assist</li> <li>Engine monitoring and predictive, autonomous maintenance</li> </ul>
3	Financial services	<ul style="list-style-type: none"> <li>Personalized financial planning</li> <li>Fraud detection and anti-money laundering</li> <li>Automation of customer operations</li> </ul>
4	Transportation and logistics	<ul style="list-style-type: none"> <li>Autonomous trucking and delivery</li> <li>Traffic control and reduced congestion</li> <li>Enhanced security</li> </ul>
5	Technology, media, and telecommunications	<ul style="list-style-type: none"> <li>Media archiving, search, and recommendations</li> <li>Customized content creation</li> <li>Personalized marketing and advertising</li> </ul>
6	Retail and consumer	<ul style="list-style-type: none"> <li>Personalized design and production</li> <li>Anticipating customer demand</li> <li>Inventory and delivery management</li> </ul>
7	Energy	<ul style="list-style-type: none"> <li>Smart metering</li> <li>More efficient grid operations</li> <li>Predictive infrastructure maintenance</li> <li>Supply chain and production optimization</li> </ul>
8	Manufacturing	<ul style="list-style-type: none"> <li>Enhanced monitoring and auto-correction of processes</li> <li>Supply chain and production optimization</li> <li>On-demand production</li> </ul>

## ❖ AI & ML Strategy for Organization:

# AI & ML Strategy for your organisation

- Translate your business and digital strategy into your data and AI vision and strategy highlighting the biggest opportunity areas optimizing your current business as well as new innovative businesses utilizing AI and data.
- Identify the business processes (product development, production, sales & marketing, supply chain, pricing, HR, finance, etc.) where you want to use data and AI.
- Understand the current state of your data and AI capabilities.
- Describe the target state for your business processes once data and AI capabilities have been deployed
- Define new data-driven business and product ideas.
- Define your execution roadmap, including investments.
- Execute the first data and AI use cases by creating your AI playbook, aiming at production readiness.
- Automate and scale up operations.

The diagram illustrates a pyramid structure for AI & ML strategy, categorized into four levels:

- AMBITION:** VISION & STRATEGY
- ASSETS:** USE CASE BUSINESS INTEGRATION, AI PORTFOLIO, DATA ASSET
- ENABLERS:** HUMAN SKILLS, PRIVACY & ETHICS, ARCHITECTURE & TECHNOLOGY
- DNA:** ORGANIZATION, GOVERNANCE, LEADERSHIP, CULTURE

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## ❖ Change Management:

# Implement change management

**HOW TO IMPLEMENT CHANGE MANAGEMENT**

- Define the change.
- Select the change management team.
- Identify management sponsorship and secure commitment.
- Develop implementation plan including metrics.
- Implement the change—in stages, if possible.
- Collect and analyze data.
- Quantify gaps and understand resistance.
- Modify the plan as needed and loop back to the implementation step.

**Change Management Process**

- 1 Request for Change
- 2 Impact Analysis
- 3 Approve / Deny
- 4 Implement Change
- 5 Review / Reporting

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## ❖ AI Adoption:

# AI Adoption

## Framework for Enterprise AI Adoption

AI Technology Uses	AI Solution Areas	Enterprise Functions	Outcomes
Prediction / Classification	Virtual Assistants	Customer Service	Customer Satisfaction
Language	Conversational	Human Resources	Cost Reduction, Asset Optimization
Vision	Automation	Sales & Marketing	New Revenue
	Process & Operations	Innovation / Products	Competitive Advantage
		Security	Accurate, faster Decisions
		Compliance, Fraud	Risk Management
		Strategic Differentiation	

**AI Technologies**

- Analytics
- Data Science
- Deep Learning

**Core AI Technologies** → **Products and Solution Areas** → **Applications** → **Use Cases** → **Objectives / Business Outcomes**

Adapted from Gartner's Framework for AI

## ❖ 6 Practice AI Company Following:

**6 Practices for AI**

TOP AI companies are following

1. AI Strategy
2. AI Talent Training
3. Collaborations
4. Data Practices
5. Procedures
6. Ensure adoption

<b>Aligning AI strategy to business goals</b>	We have an AI strategy with a clear enterprise-level road map of use cases. The AI strategy aligns with our broader corporate strategy.
<b>Investing in AI talent and training</b>	We have in place an active continuous-learning program on AI for our employees. We have people in translator roles who communicate with employees across the analytics and business functions.
<b>Collaborating across functions</b>	Cross-functional teams, including AI professionals and people in the business, work together on specific problems.
<b>Applying strong data practices</b>	We have a clear data strategy that supports and enables AI.
<b>Establishing standard protocols and repeatable methodologies</b>	Well-defined governance processes are in place for key data-related decisions. We have standard AI tool sets for data and analytics professionals to use. We know how frequently our AI models need to be updated. We have techniques and processes in place to ensure that our models are explainable to people across the organization.
<b>Ensuring adoption and value</b>	Our frontline employees use AI insights in real-time to enable their daily decision making. We systematically track a comprehensive set of well-defined key performance indicators for AI.

## ❖ Four Aspects of Big Data & Ethics:

**Ethics**

**Four Aspects of Big Data Ethics**

Identity	Privacy
Ownership	Reputation

**AI Guiding Principles for Ethical AI**

Beneficial	Biased or not?	Safety (Freedom from Risk)
Trustable / Explainable	Data Privacy	Continuous Governance
		Best of AI Technologies

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# ❖ GDPR:

**GDPR**

The General Data Protection Regulation 2016/679 is a regulation in EU law on data protection and privacy in the European Union and the European Economic Area.

legal analysis of global data privacy laws and regulations. Includes analysis of **GDPR** requirements plus local implementation

### Key Take-aways From the Seven Principles of GDPR

- 1 Be Transparent With Data**  
Implied consent is a big no-no under the GDPR.
- 2 Limit Data to What You Need**  
No collecting up data just because you can.
- 3 Limiting Kept Data**  
Do we need it? How long? If the answer is no, delete it.
- 4 Data Must be Accurate**  
Make sure that data is accurate and up-to-date.
- 5 Limit Storage of Personal Data**  
Don't keep it longer than you need it.
- 6 Integrity and Confidentiality**  
Use encryption, 2FA, and tamper-evident logging.  
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- 7 Accountability**  
Keep a paper trail to demonstrate compliance.

**Participants**

Type a name

- Amol Vyambhakar (Organizer)
- Asst Prof Deepa Horao
- Girish Jadhav
- Manus Sawant
- Mania Achary
- Mrs. Apurba Gaje
- ram (Guest)
- Attendees (8)
- Virendra ethape
- Adesh Pali
- Aditi Humzakar
- Aditya Gupta
- akalakra5 (Guest)
- Akanksha Kancherla
- AKASH (Guest)
- Akash Gupta
- Akshay Gurev
- alisha.kamat@M (Guest)
- Arany Thakale (Guest)

ram (Guest)

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## ➤ Q&A Session:

**Q:** (Mrs. Deepa Honrao) As a fresher what type of skill set required to enter in this domain or any certifications or whether they are recruiting fresher's?

**A:** (Speaker) Students should be aware of the various domains that exist in AI such as Retail, Finance, and HealthCare, Automotive etc. Accordingly pick one domain and have full knowledge about the domain. Think about various ways to develop AI for the particular application in the respective domain.

**Q:** (Omkar Shirke) As we know that brokers use some algo trading software for facilitating their trades and gaining profits from markets, so whether this software's are able to sense the market accurately?

**A:** (Speaker) Yes, we can say some of the algorithmic trading software are very much accurate. But multiple factors are involved in algorithmic trading software that is company's dealings, performance, activities etc. so many such input data is required for algorithmic trading software.

**Q:** (Megha Shetty) Sir what technology is used in organizations to build AI applications?

**A:** (Speaker) Basically it depends upon the applications and situations. If you are going to create an open source project then you can build in Azure AI, For Chatbots Google's Dialogflow is used, Amazon sagemaker is also good technology. But for big organization they need business privacy. If they build applications in such cloud space then data privacy is lost. So they need on premise solutions to build applications.

**Q:** (Rajan Mishra) Whether it is beneficial to do AI in Data Mining?

**A:** (Speaker) Yes, considering IOT + AI applications. Considering post-pandemic and conflict with china there is a need of AI in data mining. Currently it is a boom in the industry. So it is very much beneficial.

## ➤ Conclusions:

The objective of the webinar was achieved. The overall session discussion benefitted the faculties and students. This webinar would help the participants to understand the various domains of AI and as well the technology used in AI.



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## Report on “Creativity Lab”

*Organized by MMS Department – 14<sup>th</sup> & 15<sup>th</sup> May 2021*

*Workshop Curated and conducted by:*

**Dr Kasturi R Naik**- Assistant Professor, DES's NMITD | International Heal Your Life  
® Workshop & Seminar Leader

### Workshop Description:

In the current scenario of pandemic fast paced changes in the field of technology, globalization, changing nature of workforce and renewed focus on the environmental and social impacts of business, the organizations have to keep evolving and changing themselves. 50% of all employees will need reskilling by 2025, according to the World Economic Forum's Future of Jobs Report. Creativity is one of the skills among the top 15 skills employers believe will grow in prominence in the next five years.

A creative life is any life governed more by curiosity than by fear. Through a blend of enabling & vitalized perspectives on topics of creativity, innovation, and initiative, the workshop aims to facilitate virtual environment to unleash our' unique creative selves and how we can unfold our distinctiveness in a world of distractions and transformations in great need of everyone's creative, innovative and initiative potential

### Workshop aims to facilitate:

- Self- awareness & Management
- How to manage anxiety and increase curiosity towards life?
- Increased sense of responsibility & accountability towards personal & professional growth
- Exploration of the vital reason for the blocked creativity in us, and the technique that can help us to overcome it
- Building of intention and habits to inculcate creativity in day-to-day life

**Conducted for:** Students of DES's NMITD, JSKBS and CIMDR

**Month: May – July 2021**

### Features:

- 4 instructional hours (2days – 2 hours each day)
- ice breakers;
- experiential activities,
- role plays
- quizzes
- growth work





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## Session Content



Session No.	Session Contents
1	<b>Day 1- Exploring Creativity</b>
	• Exploring creativity: Beliefs/Thoughts/Emotions/Initiatives
	• Creativity enhancers -Vision Board & Idea journal
	• Creativity & Spirituality – CENTER Model (Character, Entrepreneurship, ownership, Tenacity, Excellence, Relationships)
	• Learning review & feedback
2	<b>Day 2 – Creativity toolbox</b>
	• Stinky-fish technique
	• Thinking hats technique/Meta-planning technique
	• Mind maps
	• Learning review & feedback



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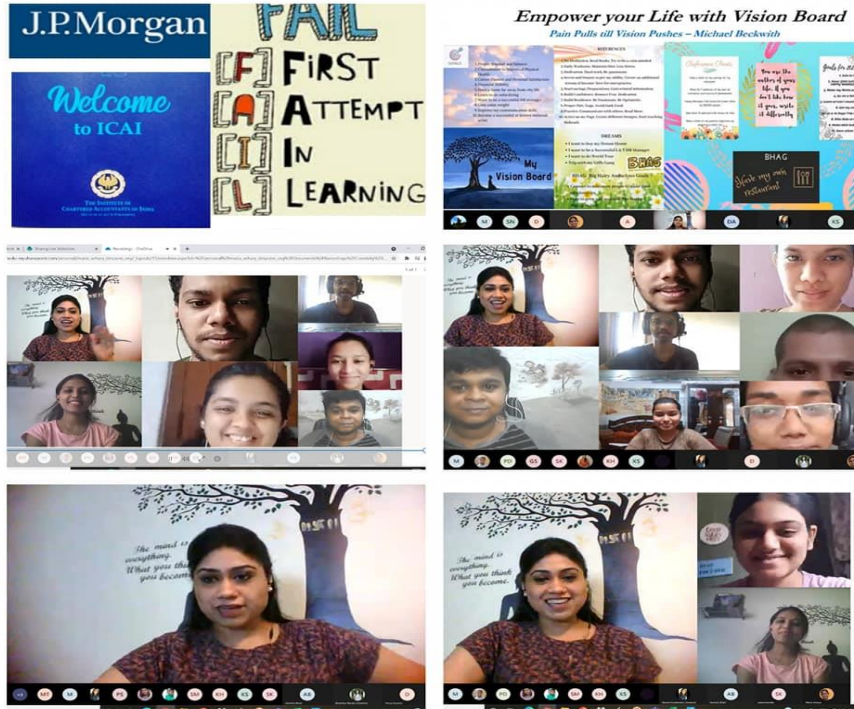
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Agenda for Day 1

- Why Creativity?
- Myths about Creativity
- Exploring Creativity
- Creativity & Spirituality



Creativity is a Perspective change

- Creativity is about changing perspectives

The war of the Bhagavad Gita is happening within the family. Arjuna, representing the Pandavas, and Duryodhana, representing the Kauravas, are cousins. Arjuna has been seduced and deprived of what is due to him and is poised to fight Duryodhana for the kingdom that is rightfully his.

Arjuna's dilemma is that he is emotionally attached (ordinary thinking) to his family, whom he must now fight for a just cause. But the real war is inside Arjuna's mind: a mind that is struggling to wriggle out of familiar feelings and emotions. This war is a battle to break out of mental moulds. It is Arjuna's struggle to evolve out of the cocoon of his comfort zone. (creative thinking)



The creative urge and subtle spiritual strength that is behind every active intellect, which ultimately fulfills itself in the creation of things and beings is called karma' (action).

ARJUNAN GITA COURSE

The mind is everything. What you think you become.

Exploring creativity

Difference between a story and a perspective. So we often think about the story. What am I doing now; what did I do before, what am I going to do next. But it's also important to remember, that there's not just the story, but also my perspective on what's happening in my story. And creativity is really about turning our attention to the perspective, away from the story and then making changes or building new perspective so that we can see things going on that we had left out of our stories, and see new openings, for where our stories can continue. And so rather than continuing to push our stories forward, we push our perspectives, and that's really the heart of the creative process.

Excellence

- APPLYING INVINCIBLE WISDOM: POWERED BY THE INTELLECT AND DRIVEN BY UNSELFISHNESS Krishna presents to Arjuna a comprehensive alternative reality about human capacity. He guides Arjuna on the path of wisdom rather than conventional knowledge.
- Timeless leaders know the difference between knowledge and wisdom. Knowledge is like a library: a storehouse of valuable information. Wisdom is the ability to process this knowledge and apply it at the right time and the right place. Knowledge is installed capacity; wisdom is capacity utilized to the right extent.

Entrepreneurship

- Krishna models for Arjuna the way of wielding power with responsibility. Although he himself is the embodiment of divine power, Krishna addresses Arjuna as a friend and follower: The secret of this teaching is profound. **I have explained it to you today because you are my friend and devotee. (4.3)**
- In doing so, Krishna clarifies that a creator is a friend and partner. He is a guide by the side rather than a sage on a stage. The creator as **rajarshi** derives his power from this partnership. This is a model that is built on deep democracy. Krishna and Arjuna are friends in spirit, although one is a master and the other a devotee based on their evolutionary history.

Glimpses of the 2 day session on "Creativity Lab"



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## **REPORT OF THE VIRTUAL GUEST SESSION ON "DESIGN THINKING"**

Date: 27th February 2021  
Organized by MMS & MCA Department, DES's NMITD

Venue: MS teams platform  
Time: 2 pm to 3 pm

Training & Placement Cell of DES's NMITD & JSKBS had organized a guest session on Design Thinking virtually on 27th February 2021 for Management (MMS & JSKBS), and Technology (MCA) students for initiating journey towards being a global leader with mental agility and problem solving mindset.

The Guest Speaker was Ms. Avani Bhatnagar, a certified Design Thinker from international Business Management Institute, Germany, and a certified Design Thinking Practitioner from MS. She has been associated with corporates like Ericsson, Tata, IBM, NIIT, Dell, Infosys, McDonald's, Pegasus International where she has trained several executives, Middle Managers and Managers on Voice and Accent, Soft Skills, Client Relationships, Customer Service, Professional Services, personality development & grooming.

The major takeaways include:

1. Design thinking makes us more objective, more concerned to generate and evaluate a range of options than focussing on just finding a solution.
2. What we need to know about the problem becomes clearer as we are focussing on solving it

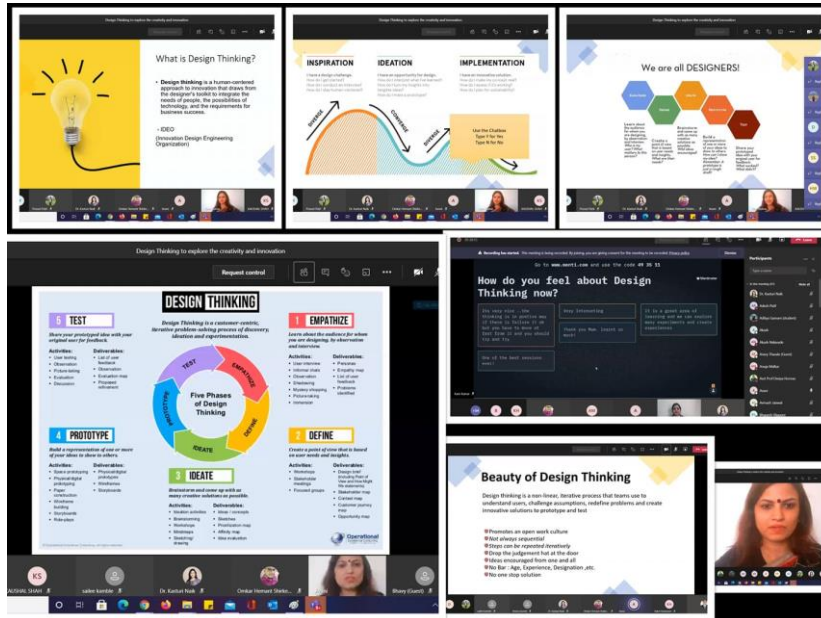
Number of Participants: 75 students & 4 teachers

In conclusion, it can be said that the guest session achieved its intended purpose to enable the participants to understand the design thinking concept and various ways of application of design thinking to increase personal & professional effectiveness



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**Glimpses of the Guest session on "Design thinking"**



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## **REPORT OF THE VIRTUAL GUEST SESSION ON "BEHAVIORAL COMPETENCIES FOR EFFECTIVE LEADERS"**

Date: 5th March 2021  
Organized by MMS & MCA Department, DES's NMITD

Venue: MS teams platform  
Time: 4 pm to 5 pm

Training & Placement Cell of DES's NMITD & JSKBS had organized a guest session on "Behavioral Competencies for Effective Leaders" virtually on 5th March 2021 for Management (MMS & JSKBS), and Technology (MCA) students for initiating journey towards being an effective global leader with competent attributes and personality traits.

The Guest Speaker was Ms. Asmita Desai. She is a passionate believer in creating stronger human connections. She works on developing sense of being inclusive and non-judgmental towards each human being. She is a certified image consultant and L&D professional with 14 years of work experience. Currently she is associated as L& D manager at Taj Wellington Mews Luxury Residences. She is also a Certified Tata Affirmative Action accessor.

The major takeaways include:

1. How to lead an organization
2. How to Lead yourself
3. How to Lead others
4. How to become Resilient, Adaptable, Optimistic, and Energetic
5. How to cultivate an inspiring vision

Number of Participants: 84 students & 6 teachers

In conclusion, the guest session has opened many avenues of new knowledge for students. We often chase a goal, but it is the journey that should be given more importance. Leaders help themselves and others to do the right things. They set direction, build an inspiring vision, and create something new. Leadership is about mapping out where you need to go to "win" as a team or an organization; and it is dynamic, exciting, and inspiring.



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### Glimpses of the Guest session on "Behavioural Competencies for Effective Leadership"



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## **REPORT OF THE VIRTUAL GUEST SESSION ON "A WAY TOWARDS PRODUCTIVE LIVING"**

Date: 13th March 2021  
Organized by MMS & MCA Department, DES's NMITD

Venue: MS teams platform  
Time: 11:30 am to 12:30 pm

Training & Placement Cell of DES's NMITD & JSKBS had organized a guest session on "A Way Towards Productive Living" virtually on 13th March 2021 for Management (MMS & JSKBS), and Technology (MCA) students for initiating journey towards being an effective global leader with healthy food and productive lifestyle.

The Guest Speaker was Ms. Namita Nanal. She is a Founder and Nutritionist, Slimming Solutions (Chembur & Shivaji Park). She Worked with brands like Talwalkars, Neulife nutrition and Evolve Med Spa (Birla Pacific Group). She was Visiting faculty with the post graduate department at S.N.D.T women's university. Her articles have been published in various magazines and newspapers like Bombay Times, DNA, Afternoon etc. and guest nutritionist on ABP News. She has given Lectures in various corporates (Star, DGF, Welspun etc.), Schools, Indian Football School, Rizvi college.

### **The major takeaways include:**

1. Smart snaking
2. You can make healthy choices while eating outside
3. Portion control is everything
4. Planning is key factor for everything
5. There is no shortcut to healthy eating, positive thinking, and exercise

Number of Participants: 96 students & 4 teachers

In conclusion, the guest session has provided many tips and recipes for healthy eating for students. This simple mantra is given by nutritionist and consultant Ms. Namita Nanal that we should "eat for the body we want, not for the body we have." Consuming a proper diet and keeping yourself hale and hearty these days is something that every individual is focusing on it. Balance your meals. Have protein, healthy carbohydrate, fat, and vegetables and/fruit at each meal.





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### Glimpses of the Guest session on "A Way Towards Productive Living"

Mar.13,2021

How can I tell if I am eating because of emotions and not because of Hunger?

How many teaspoons of sugar can be found in cans of fizzy drinks?

A. Six - Seven And A Half  
B. Five - Eight And A Half  
C. Three - Six And A Half

Junk food	Healthy food
Pizza	Whole wheat bread
Burger	Whole wheat bread
Pasta	Whole wheat pasta
	Red sauce
	Mix vegetable sauce
	Green Chutney
	Veg. Cut
	Veget

- Healthy eating
- Exercise
- Positive Attitude

HEALTHY EATING DOESN'T HAVE TO BE BORING OR AVOIDING ALL YOUR FAVOURITE FOODS.

IN FACT, THE FIRST OF RULE OF HEALTHY EATING IS TO ENJOY YOUR FOOD!

EATING HEALTHILY IS ALL ABOUT GETTING THE BALANCE RIGHT.



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## REPORT OF THE VIRTUAL GUEST SESSION ON "Critical Thinking"

Date: 27th March 2021

Organized by MMS & MCA Department, DES's NMITD

Venue: MS teams platform

Time: 11:30 am to 12:30 pm

Training & Placement Cell of DES's NMITD & JSKBS had organized a guest session on "**Critical Thinking**" virtually on 27th March 2021 for Management (MMS & JSKBS), and Technology (MCA) students for initiating journey towards being an effective global leader with a will & intention to think clearly, rationally and understand the logical connections between ideas

The Guest Speaker was Ms. Shalini Gamre. She is a certified Psychological Counsellor. She is one of the very few female Certified Firewalk Instructors in India, which has enabled her to bring adventure sports into her offline training programs. This includes walking on fire, walking on glass pieces, breaking karate boards and many such breakthrough activities. Now she is infusing some power packed interactive activities in her online trainings and creating new benchmarks there too. Her workshops revolve around Leadership, Team Building, Peak Performance and Personal Growth. She is also an established Author in the Self-help and Motivation genre.

The major takeaways include:

- 1) The benefits of critical thinking
- 2) The ways in which we can include more aspects of critical thinking in your day to day.
- 3) Business success through critical thinking.
- 4) Damages that happen when people do not think well or the flaw of overthinking.

We are grateful to Ms. Shalini Gamre for her time and valuable guidance on "Critical Thinking" to our students.

Number of Participants: 68 students & 3 teachers

In conclusion, students got an idea on how critical thinking can use for the analysis of facts to form a judgment, problem solving and decision making. It helps students to develop an ability to engage in reflective and independent thinking. Through this seminar NMITD students learn how to scrutinize

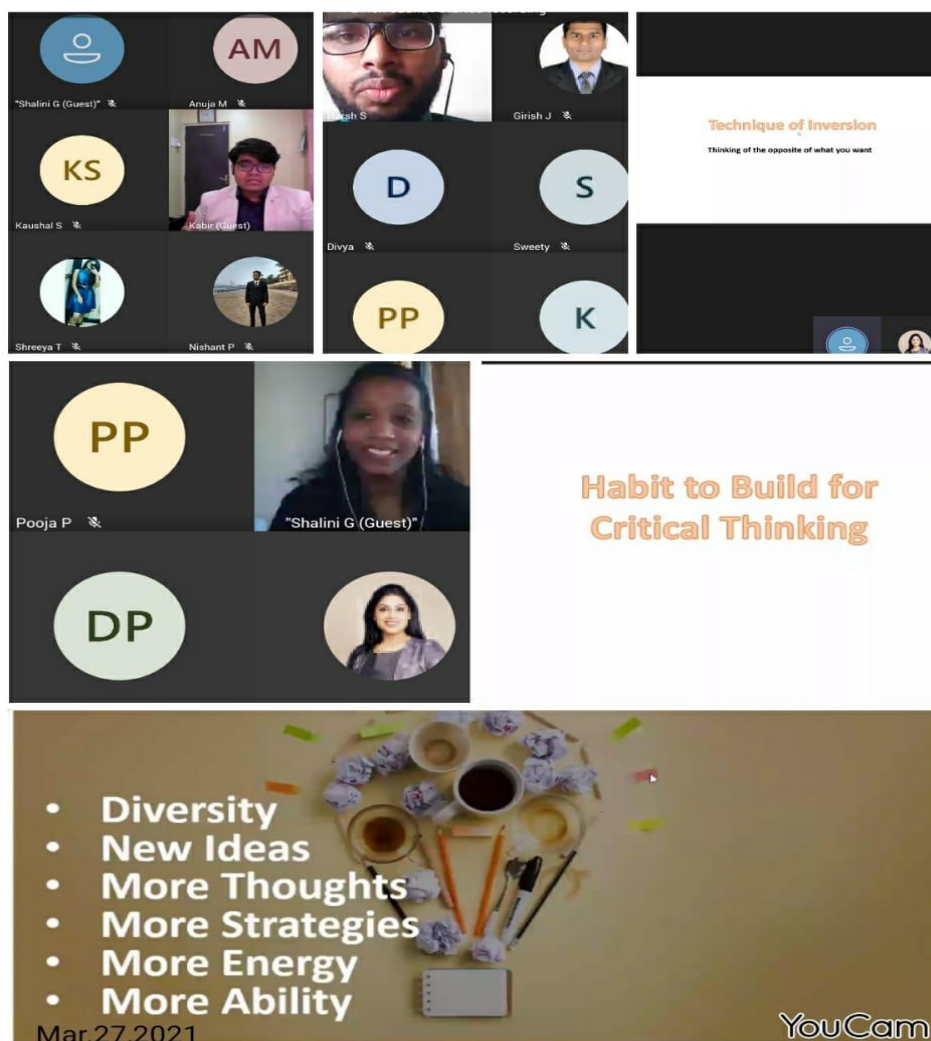


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their unstated assumptions, develop the ability to understand multiple perspectives, and recognize that asking thoughtful questions is often more intellectually productive than knowing a "correct" answer.

### Glimpses of the Guest session on "Critical Thinking"



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## **REPORT OF THE VIRTUAL GUEST SESSION ON "How to start a business (Startup)"**

Date: 20th March 2021  
Organized by MMS & MCA Department, DES's NMITD

Venue: MS teams platform  
Time: 2 pm to 3 pm

Training & Placement Cell of DES's NMITD & JSKBS had organized a guest session on **"How to start a business (Startup)"** virtually on 20th March 2021 for Management (MMS & JSKBS), and Technology (MCA) students for initiating journey towards being an effective global leader with competent attributes and personality traits.

The Guest Speaker was Mr. Harsh Shethia. He is a passionate promoter in creating business leaders. He is a venture partner with Ah! Ventures. He helps Startups to raise fund, strategic growth partnerships, omni channel marketing, generating leads, sales & revenue and grow business.

The major takeaways include:

1. How to start a business
2. How to raise funds
3. How strategically grow business
4. How to craft omni channel marketing strategy
5. How to implement business system

Number of Participants: 64 students & 3 teachers

In conclusion, students got an idea on startup and the prerequisites of starting a business and running it successfully. This session not only educated the students on Startup and Funding for Entrepreneurs but also tried to inculcate entrepreneurial spirit in them. Moreover, it certainly motivated students to engage in Entrepreneurship. Overall, it was a refreshing educative session.



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### Glimpses of the Guest session on "How to start a business (Startup)?"

The screenshots illustrate key concepts from the guest session:

- Startup Hackers:** Presented by Harsh Shethia, founder of Startup Hackers Ventures.
- MONTHLY INVESTMENT BREAKDOWN:** A funnel chart showing the distribution of investment: Acquisition (70%), Attention (20%), and Retention (10%).
- PRODUCT DEVELOPMENT:** A list of key points for product development, including 'Read Zero to one', 'Identify the core needs of the customer', and 'Build on MVP for the core need'. It also features the book cover 'ZERO TO ONE' by Peter Thiel.
- PUSH VS PULL TACTICS + PRODUCT TACTICS:** A comparison of marketing tactics. Pull tactics include Content Marketing, Free Offer / Ebook / Report, and Webinars. Push tactics include Paid Ads, Direct Sales, and Promo Codes. Product tactics include Network Invitations and Referral Programs.
- AARRR FRAMEWORK:** A diagram showing the stages of the customer lifecycle: ACQUISITION, ACTIVATION, RETENTION, REFERRAL, and REVENUE.



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## **REPORT OF THE VIRTUAL GUEST SESSION ON "IMAGINATION TO CREATION"**

**Organized by DES's NMITD, CIMDR & JSKBS**

Date: 24<sup>th</sup> April 2021  
Venue: MS Teams platform  
Time: 4:00 pm to 5:30 pm

DES's NMITD, CIMDR & JSKBS had organized a guest session on "**Imagination to Creation**" virtually on 24<sup>th</sup> April 2021 for Management (MMS/MBA/PGDM), and Technology (MCA) students for unleashing their personal & professional effectiveness and initiating the students' journey towards being an effective global leader.

Ms. Prapti, is a Research Scholar in Narsee Monjee Institute, Mumbai and has completed her MBA in Human Resource. She is a certified Practitioner in NLP, Fire Walk, and Six Thinking Hats.

Prapti Madam is a seasoned HR Professional with varied experience in: Information Technology and Information Technology Enabled services, Pharmaceutical, Healthcare, Manufacturing, Financial Services, Hospitality, Academia and Government. She enjoys working on strategic interventions aligned with business and organizational goals; has a drive for results and excellence. Her experience spans across spectrum of HR roles: Performance & Talent Management, Organization Development, Employee Engagement, and Learning & Development. Ms. Prapti is adroit in understanding business priorities and translating these into practical programs and processes for enterprises.

### **The major takeaways include:**

1. Goal setting in different arenas of life
2. Maintain motivation during these ambiguous time
3. Unleash your potential to achieve success
4. Clear focus and efforts to achieve your goals
5. Inculcate the habit of self-discipline

Number of Participants: 57 students & 7 teachers

In conclusion, the guest session has provided good insights on goal setting, motivation, clear focus, self-discipline to the students. Ms. Prapti Mutha has explained that Self-discipline is different from self-motivation. You are showing Self-discipline when you intentionally choose to pursue something better for yourself, and you do it despite factors like distractions, hard work, or unfavorable odds. starting small is the best way to start developing your self-discipline. She also said that the goal you set should be SMART – Specific, Measurable, Attainable, Relevant, and Time-bound – and break the goal down

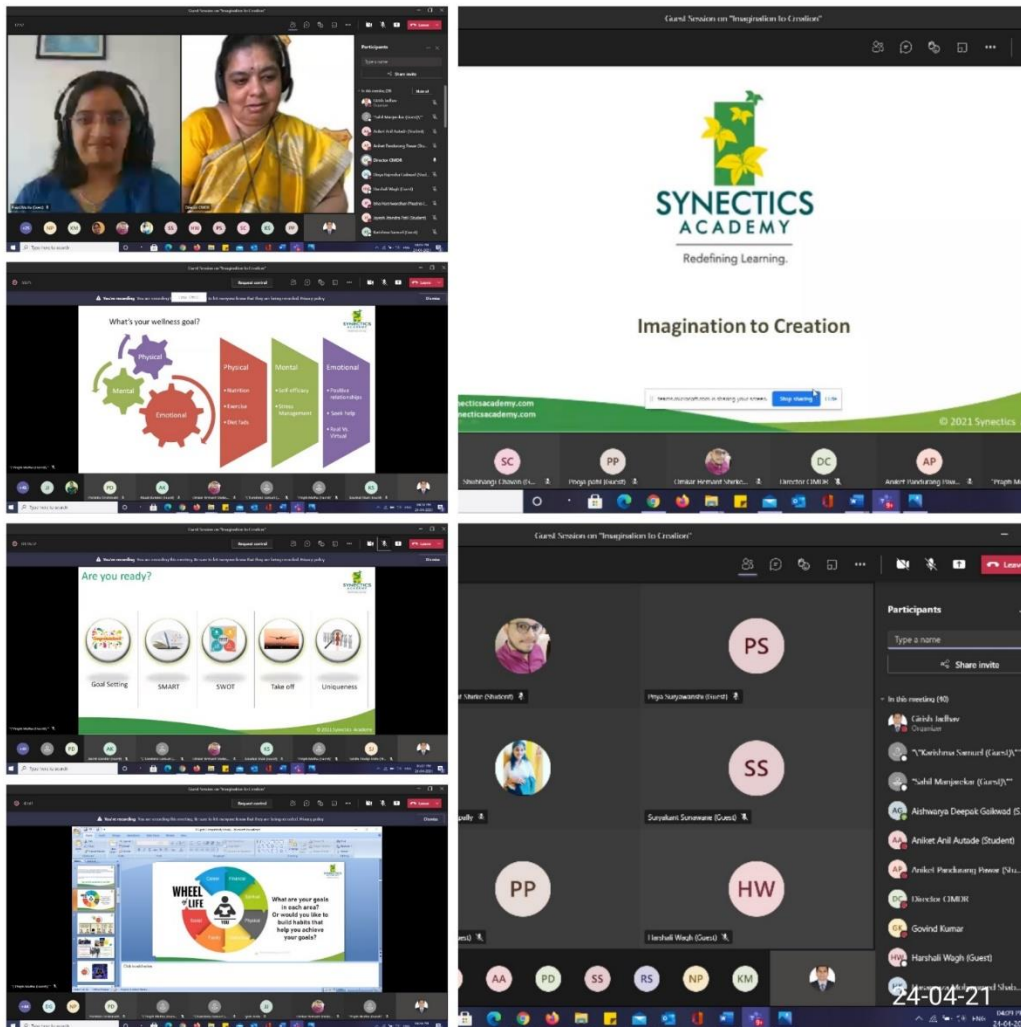


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into smaller sub-goals.

### Glimpses of the Guest session on "Imagination to Creation"



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**REPORT OF THE VIRTUAL GUEST SESSION ON**  
**“PERFORMANCE PARAMETERS FOR MANAGEMENT FRESHERS POST PANDEMIC”**

**Organized by DES's NMITD, CIMDR & JSKBS**

Date: 1<sup>st</sup> May 2021  
Venue: MS Teams platform  
Time: 4:00 pm to 5:30 pm

DES's NMITD, CIMDR & JSKBS had organized a guest session on **“Performance parameters for management freshers post pandemic”** virtually on 1st May 2021 for Management (MMS/MBA/PGDM), and Technology (MCA) students for initiating journey towards being an effective global leader with the mantra of how to thrive in corporate, post pandemic.

Mr. Rajagopalan Purushothaman Sir is currently associated with Reliance Jio as the Head of Learning department. Previously he was the Senior Vice President of Jio-Bharat Petroleum Joint Venture, Petro Retailing and Aviation fuel.

He is an alumni of IMT, Ghaziabad with nearly 35 years of experience in Retail, Telecom, Manufacturing and Information industry with expertise in business development and L&D. He has established the Reliance Retail Academy and executed learning solutions for Jio which included more than 0.1 million resources. He has facilitated more than 1000 workshops on Leadership Development and Emotional Intelligence.

He won the global Brandon Hall, USA, “Gold Award” for the best business impacting learning intervention 2018. He has been awarded the “Asian Human Capital Award”, Singapore, for “WORKSMART” learning intervention established Human Capital Leadership Institute. Also awarded by TISS, LEAP Vault for the CLO of the year, Best Corporate Academy and best business impacting learning intervention.

He has published a book titled “Emotional Intelligence-Reaching Escape Velocity in the Digital Era” with SAGE Publishers. He is a visiting faculty to IIM, Indore and Currently doing PhD in Digital assessment. He has Submitted Mount Kilimanjaro in February 2020, which is situated at the height of 16,100 ft above the sea level.

**The major takeaways of today’s session are**

1. To understand Career Management
2. To be aware of the skills sets for a successful Corporate stint
3. To realize importance of being updated with the current & future corporate trends
4. To become well versed with the mantra of how to thrive in corporate post pandemic

Number of Participants: 67 students & 7 teachers

In conclusion, the guest session has provided good insights on different aspects of post pandemic corporate career to the students. Mr. Purushothaman sir has explained that learning is not just confined to the education it should be continuous process and based on the individual, anytime and anywhere



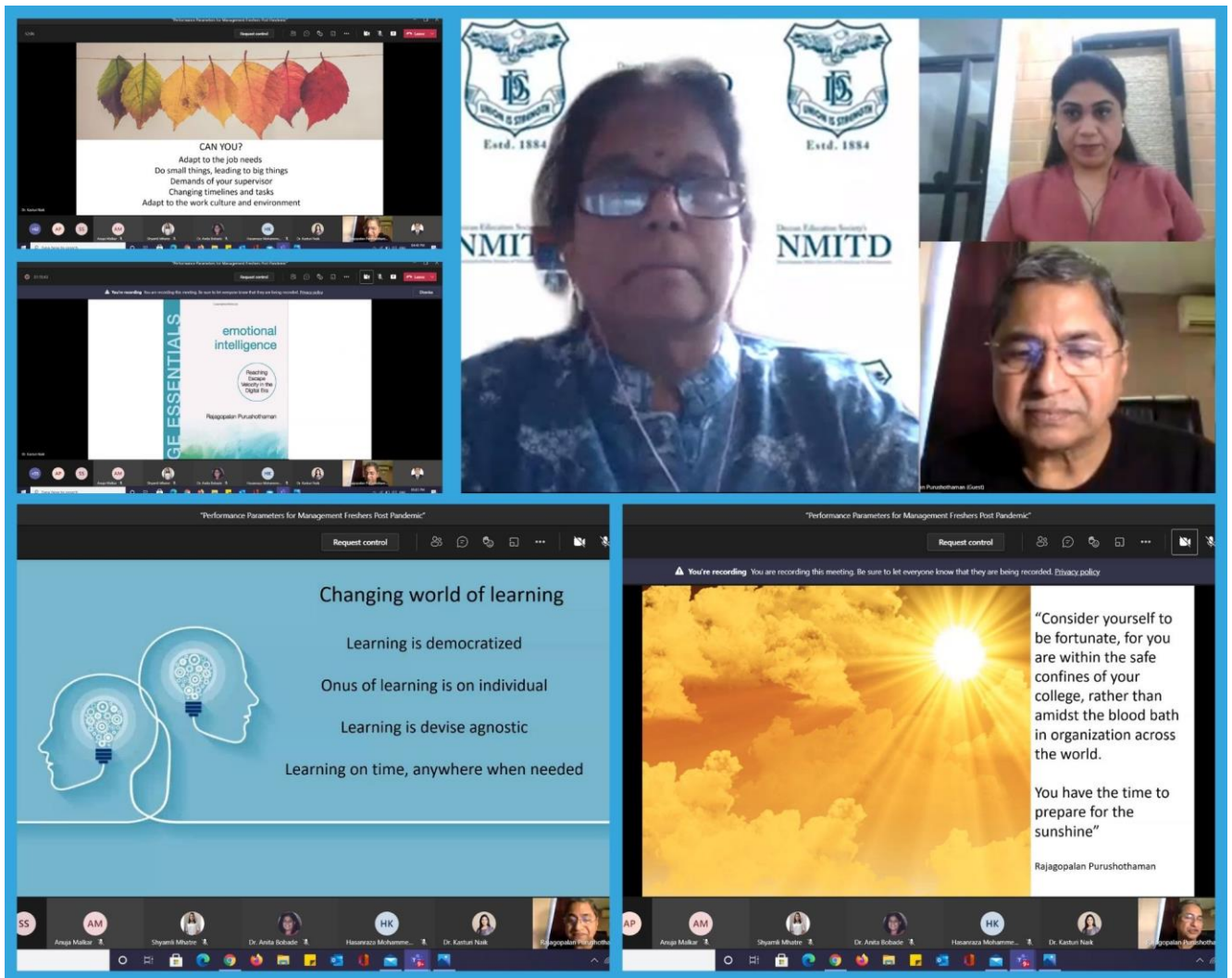


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needed. Also gave mantras to survive in corporates such as adapt to the job needs, do small things which lead big things and adapt to the work culture and environment.

### Glimpses of the Guest session on "Performance parameters for management freshers post pandemic"



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## **REPORT OF THE VIRTUAL WEBINAR ON "FINANCIAL LITERACY AWARENESS"**

**Organized by DES's NMITD, CIMDR & JSKBS**

Date: 30<sup>th</sup> May 2021  
Venue: MS Teams platform  
Time: 11:00 am to 12:30 pm

DES's NMITD, CIMDR & JSKBS had organized a webinar on "**Financial Literacy Awareness**" virtually on 30<sup>th</sup> May 2021 for Management (MMS/MBA/PGDM), and Technology (MCA) students for initiating journey towards being an effective global leader with the mantra of how to thrive in corporate, post pandemic.

Mr. Janak Patel has over 25 years of work experience. He has worked as Chartered Accountant with various CA firms & working with NJ India Invest Pvt. Ltd. since 2009. He has also obtained Post Graduate degree CISA – Certified Information Systems Auditor [USA] & DISA – Degree in Information Systems Audit – ICAI – Bombay. He has also cleared more than 10 different exams conducted by NSE & BSE as a requirement of company for financial market perspective. He has performed Internal Audits, Statutory Audits, System Audits, Compliance Audits & Management Audits. Though Audit is his main field, he has worked in Finance dept, Compliance dept & Wellness dept as well in NJ.

### **The major takeaways of the today's session are:**

1. To understand financial concepts
2. Able to make better financial decisions.
3. Effective management of money and debt.
4. Reduction of expenses through better regulation.
5. Less financial stress and anxiety.

Number of Participants: 55 students & 2 teachers

In conclusion, the guest session has provided good insights on Financial Literacy Awareness to the students. Mr. Janak Patel Sir has explained that financial awareness, knowledge, and skills necessary to make sound financial decisions and ultimately achieve financial well-being.



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### Glimpses of the Webinar on "Financial Literacy Awareness"

**Introduction to Indian Financial Market**

Year	Household Expenses	Higher Education	Marriage Cost
2010	R20,000/-	R6 lacs	R6-7 lacs
2020	R35,000/-	R 23 Lacs	R 12-15 Lacs
2030*	R75,000/-	R50 lacs	R26-30 lacs

Growth of Expenses at 8% Inflation (IM Ahemdabad Feo) | Source: ima.ac.in  
 \*2030 Rates calculated at 8% inflation over 2020 Prices. (Actual inflation in Education Cost is around 14%)

**MUTUAL FUND OFFERS VARIOUS INVESTMENT PRODUCTS**

TYPE OF MUTUAL FUND	Key Features
Equity Funds	High Growth Potential, High Risk
Debt Funds	Stable Returns, Lower Risk
Hybrid Funds	Balanced Approach, Moderate Risk
Money Market Funds	Low Risk, High Liquidity
Index Funds	Low Cost, Diversified
Sector Funds	Targeted Growth, High Volatility
International Funds	Global Exposure, Higher Risk

**START EARLY**

PARTICULARS	MR. EARLY	MR. LATE
INVESTMENT STARTING AGE	25 YEARS	45 YEARS
MONTHLY INVESTMENT	Rs. 10,000/-	Rs. 25,000/-
INVESTMENT TILL AGE 60 YEARS	35 YEARS	15 YEARS
TOTAL AMOUNT INVESTED	Rs. 42 LACS	Rs. 45 LACS
<b>WEALTH AT THE AGE 60 YEARS</b>	<b>Rs. 11.41 CR</b>	<b>Rs. 1.54 CR</b>

**INFLATION**

Year	GOLD (Rate per 10 gm)	PETROL (Rate per Lit)	DIESEL (Rate per Lit)	MILK (Rate per Ltr)
1990	R 3,200	R 9.88	R 4.08	R 4.00
2003	R 5,000	R 32.47	R 21.21	R 11.00
2020	R 24,000	R 80.03	R 79.00	R 60.00
Actual Inflation	6.3%	7.2%	9.9%	8.8%





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## **REPORT OF THE VIRTUAL GUEST SESSION ON "DATA ANALYTICS USING POWER BI"**

**Organized by DES's NMITD**

**Date:** 05<sup>th</sup> June

**2021 Venue:** MS

Teams platform

**Time:** 2:00 pm to

5:00 pm

DES's NMITD had organized a guest session on "**Data Analytics using Power BI**" virtually on 05<sup>th</sup> June 2021 for Management (MMS) and Technology (MCA) students to understand the comprehensive applications of Power BI in numerous fields.

The speaker for the session was Shri. Dr. Rajendra B. Patil, Assistant Professor of the Department of Information Technology for Vidyalkar School of Information Technology, Mumbai. He has completed undergraduate and Post-Graduation in Computer Science and has accomplished Ph.D. in data mining techniques.

Dr. Rajendra B. Patil has delivered more than 70 lectures on R in research, data mining, and data warehousing in various colleges affiliated to the University of Mumbai, Goa University, Shivaji University, and North Maharashtra University. He has published 50 papers in peer-reviewed International Journals, received many awards and appreciations from the police training academy, conferences, etc. Also, completed training on the Japan Patent Training program wherein he was nominated by the Ministry of Commerce and Industry, Govt. of India. His research is mainly based on Machine Learning, Data mining, and Artificial Intelligence.

### **The major takeaways include:**

- ✓ Introduction to Power BI.
- ✓ Managing datasets and their roles.
- ✓ Applying transformation and analytics on specific columns of datasets.
- ✓ Visualizing the datasets in interactive format using graphs, charts and maps.
- ✓ Creating interactive dashboards which are triggering.
- ✓ Publishing the dashboards across multiple platforms.



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Number of Participants: 112 students & 2 teachers

In conclusion, the guest session has provided good insights and also provide hands-on Power BI tool to the students. Dr. Rajendra B. Patil had also shown us creating a dashboard from the given case study. He has also motivated and guided students to use the Power BI tool for getting useful insight and visualization from data that will be a benefit to society or organization.



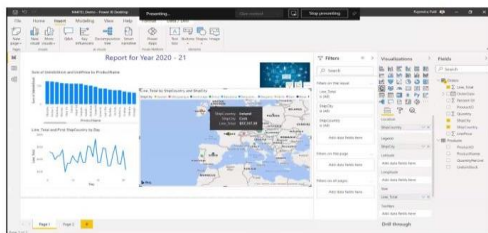
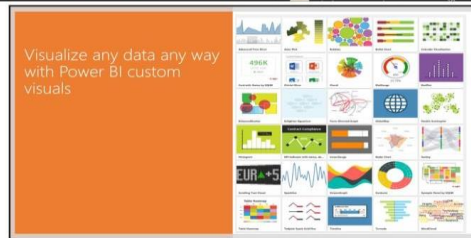
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### Glimpses of the Guest session:



**Power BI**  
**Data Analytics using Power BI**  
Organized By  
Deccan Education Society  
Navinchandra Mehta Institute of  
Technology and Development  
Dr. Rajendra B. Patil  
M.Sc (Computer Science, 2003), SET (2004), Ph.D (Dec. 2017)



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**REPORT OF THE VIRTUAL GUEST SESSION ON**  
**"Stree Shakti – Women Entrepreneurs"**

**Organized by DES's NMITD, CIMDR & JSKBS**

Date: 15<sup>th</sup> May 2021  
Venue: MS Teams platform  
Time: 4:00 pm to 5:30 pm

DES's NMITD, CIMDR & JSKBS had organized a guest session on "**Stree Shakti – Women Entrepreneurs**" virtually on 15<sup>th</sup> May 2021 for Management (MMS/MBA/PGDM), and Technology (MCA) students for unleashing their personal & professional effectiveness and initiating the students' journey towards being an effective global leader.

Smt. Meenal Mohadikar Mam is the First-Generation Entrepreneur and Proprietor of Swaroop Agencies and Anand Trade Development Services. She is the Founder President of Aamhi Udyogini Prathisthan, which is an NGO working for empowering thousands of women entrepreneurs from Maharashtra and Goa. Smt. Meenal Mohadikar Mam is also the Vice President of Maharashtra Economic Development Council. She is also the First and Only President, so far in the 90 years of history of Maharashtra Chamber of commerce, Industry & Agriculture. Meenal Mohadikar Mam's Educational Qualification include a B.Sc. (Microbiology) and D.M. L. T. She is also associated in various capacities with Management Institutes like PTV and IES.

She started Anand Trade Development Services which organizes trade exhibition by name 'Consumers Shoppee', 'Festival Shoppee' all over Maharashtra for last 26 years. A variety of consumer products, right from pin to piano are made available to buyer under one roof. These exhibitions are carried out throughout the year in various parts of Maharashtra & Goa.

**The major takeaways of today's session are**

1. Exploring importance of clarity of vision in business
2. Identifying the right networking tools for your business
3. Understanding venture creator role in society
4. Empowering women to be part of mainstream business
5. Generating Ideas with Individuals and teams

Number of Participants: 90 students & 7 teachers

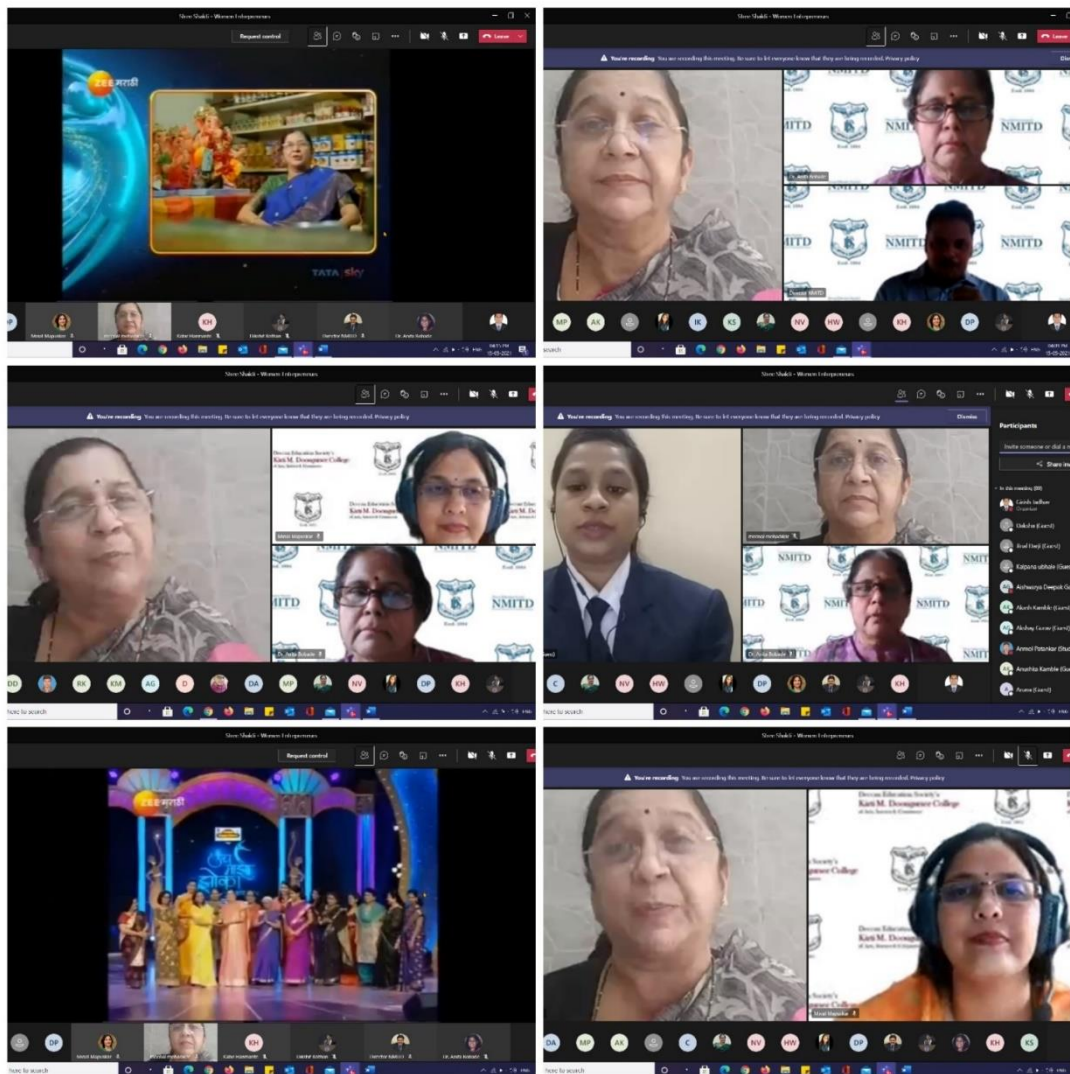
In conclusion, the guest session has provided good insights on Women Entrepreneurship, Govt. Schemes and how to initiate the process of being an idea & employment generator to our students along with clarity of word TEAM which according to Smt. Meenal stands for Talent, Efforts, Action & Management



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### Glimpses of the Guest session on "Stree Shakti – Women Entrepreneurs"



15/05/2021



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## **REPORT OF THE VIRTUAL GUEST SESSION ON "OPPORTUNITIES IN AGILE FOR MCA & MMS"**

Organized by DES's NMITD

**Date:** 12<sup>th</sup> June  
2021

**Venue:** MS Teams  
platform

**Time:** 11:00 am to  
1:00 pm

DES's NMITD had organized a guest session on "**Opportunities in Agile for MCA & MMS**" virtually on 12<sup>th</sup> June 2021 for Management (MMS) and Technology (MCA) students to explore the numerous roles in Agile Technology.

The speaker for the session was Shri. Mr. Sanket Kulkarni, the Team Leader of Business & Integration Architecture in Accenture India Pvt. Ltd. He has an enriching experience of 9 years in various Techno-Functional Roles in leading and managing technology projects in multiple IT organizations.

Mr. Sanket Kulkarni is a certified Project Management Professional (PMP) which has global precedence. He has other certifications like Certified Scrum Master, Six Sigma Green Belt, and Azure Fundamentals. Formerly he was working with The Tata Power Company Limited in Strategic Engineering Division (SED) as Associate Project Manager. Prior to this, he was a Project Trainee for L&T Integrated Engineering Service.

### **The major takeaways include:**

- ✓ Introduction to Agile.
- ✓ Various sets of technology in Agile.
- ✓ Introduction to Scrum Framework.
- ✓ Divergent roles of Scrum in Agile.

Number of Participants: 68 students & 2 teachers

In conclusion, Mr. Sanket Kulkarni has provided different perceptions to the students regarding Agile Technology. Various roles of Scrum gave Technical aspects to the MCA students and Management aspects to the MMS students.



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**Glimpses of the Guest session:**



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## **REPORT OF THE VIRTUAL GUEST SESSION ON "Emerging IT Roles"**

Organized by DES's NMITD

**Date:** 26<sup>th</sup> June

**2021 Venue:** MS

Teams platform

**Time:** 04:30 pm to

05:30 pm

DES's NMITD had organized a guest session on "**Emerging IT Roles**" virtually on 26<sup>th</sup> June 2021 for Management (MMS) and Technology (MCA) students to unfold different roles in IT jobs and give an overview of job selection process.

The speaker for the session was Shri. Mr. Nishant Jadhav, the Manager in Edelweiss Tokio Life Insurance. He has an enriching experience of 10 years in various Techno- Functional Roles in leading and managing technology projects in various domains like Pharmaceuticals, Banking & Insurance, and Manufacturing & Health Science.

Currently Mr. Nishant Jadhav is spearheading major initiatives like cloud adoption of AWS, build BI roadmap with Microsoft Power BI, data modelling for data marts, conventional ETL to data engineering platform. As a Data Visualization Lead, Sir has delivered many projects to big companies like Accenture, Deloitte India, and Barclays Investment bank etc.

### **The major takeaways include:**

- ✓ Set up a target it may be to get a Job or to open a business.
- ✓ Entry level online certifications on 1 or 2 areas.
- ✓ Create a flowchart of your interview – what answer will give rise to which next question.
- ✓ Know your target Job- self job hunting.
- ✓ Jack of all at Entry Level- Mostly works in Campus Interview.
- ✓ Retrospect every interview: Your every failed interview will increase your chance of getting selected in your next interview.



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Number of Participants: 68 students & 3 teachers

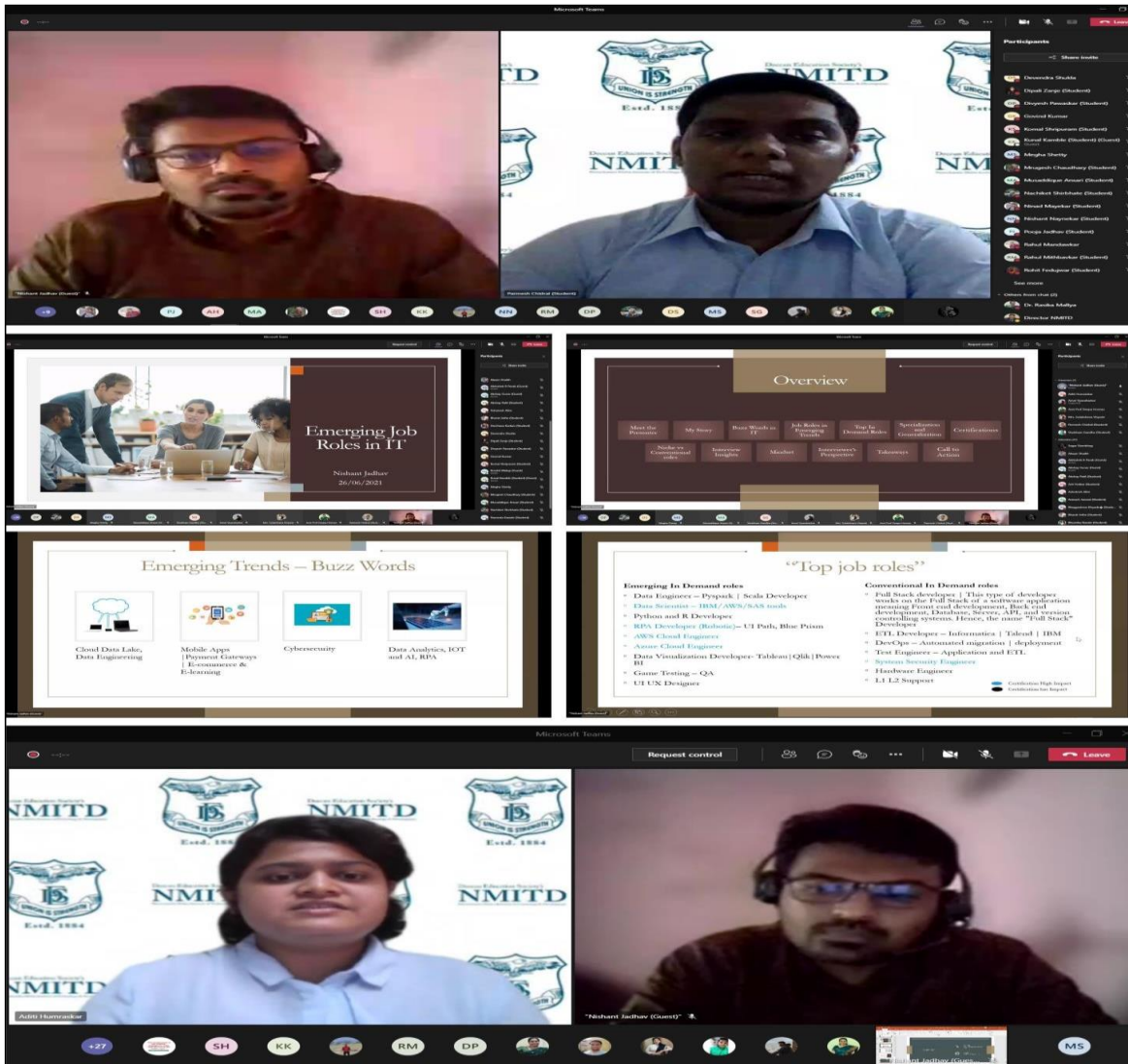
In conclusion, Mr. Nishant Jadhav has provided us good insight in various emerging role in IT and also provided us ideas related to various certification on emerging technology and some ideas to tackle interview.



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**Glimpses of the Guest session:**



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### Webinar On Personal Branding

Date:27th June,2020

Guest session on Personal Branding by Mr. Suvir Naik on Microsoft Teams.

The session started at 1 pm, Dr Girish Jadhav welcomed the guest and the guest was introduced by Vasu Dusa, 2nd year MMS student.

Mr.Suvir Naik has achieved many milestones at a very young age.he is the cofounder of fit-start. He is a certified nutritionist, a health and wellness speaker. Mr. Suvir has completed his graduation in Hospitality and management from IHM Goa. He also has 3 years experience in hotel marketing. Also holds a postgraduate degree in Marketing & Operations.

The session started with Suvir Sir briefing the students about what exactly personal branding is, further sir asked the students what according to them the meaning of brand was. A brand is unique combination of ;

1. Your Strengths
2. Your Passion
3. Your Gifts
4. Your Purpose

The session made the students realise that we ourselves create our own brand, Sir elaborated to us that "you are your own brand". It's important to have a brand of yourself, he further told us the steps to self branding. Self belief, discovering our own self, reinventing ourselves, building ourselves, were the few steps that he described.

The most important takeaway of the session was, when you believe in yourself, others also believe you. He explained to us how important self belief and self love is. Inner peace also matters when talking about Personal branding.

The session ended with a very beautiful quote that was, "BE YOURSELF, BECAUSE EVERYONE ELSE IS TAKEN". The session made us understand that we all are unique and have our own skills, qualities and abilities.

At the end of the session few questions were taken and then a thank you was extended by Dr. Girish Jadhav thanking Mr.Suvir Naik, Director Dr Samadhan Khamkar and the Placement Committee for arranging such an informative session.



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## REPORT OF THE VIRTUAL GUEST SESSION ON

### “HOW TO MANAGE PROFESSIONAL EFFECTIVENESS? - POST PANDEMIC”

**Organized by DES's NMITD, CIMDR & JSKBS**

Date: 19<sup>th</sup> June 2021

Venue: ZOOM

Time: 4:00 pm to 5:30 pm

DES's NMITD, CIMDR & JSKBS had organized a guest session on “**How to Manage Professional Effectiveness? - Post Pandemic**” virtually on 19<sup>th</sup> June 2021 for Management (MMS/MBA/PGDM), and Technology (MCA) students for unleashing their personal & professional effectiveness and initiating the students’ journey towards being an effective global leader.

Mr. Amit Gursale Sir is an HR and training professional with over 21 years of experience. He has done Mechanical Engineering from V.J.T.I. and gold medalist, M.B.A. in H.R. and behavioural sciences from NMIMS University.

Sir has worked for some of the pioneer companies like Kingfisher airlines, Jet airways, L & T infotech, Fiat, Kesari Tours in the respective fields in extremely challenging environments, He has expertise on crisis management, employee engagement, leadership coaching and mentoring skills. He is a coach, facilitator, Trainer & Behavioural assessor who never undermines 'Humane' aspect of work, workplace and workforce.

Sir is also a certified NLP practitioner and have certifications in Transactional Analysis, mindfulness, Emotional Intelligence, and Training Design.

In addition to corporate and consulting exposure, Sir also teaches in leading management schools of Mumbai such as JBIMS, NMIMS, Somaiya, Welinkars, Parle Tilak, Vidyalkar, TIMSR, and Thadomal Shahani in various subjects of HR.

The major takeaways of today’s session are

- Interpersonal skills.
- Organisation and delegation.
- Forward planning and strategic thinking.
- Problem solving and decision-making.
- Commercial awareness.

Number of Participants: 37 students & 4 teachers



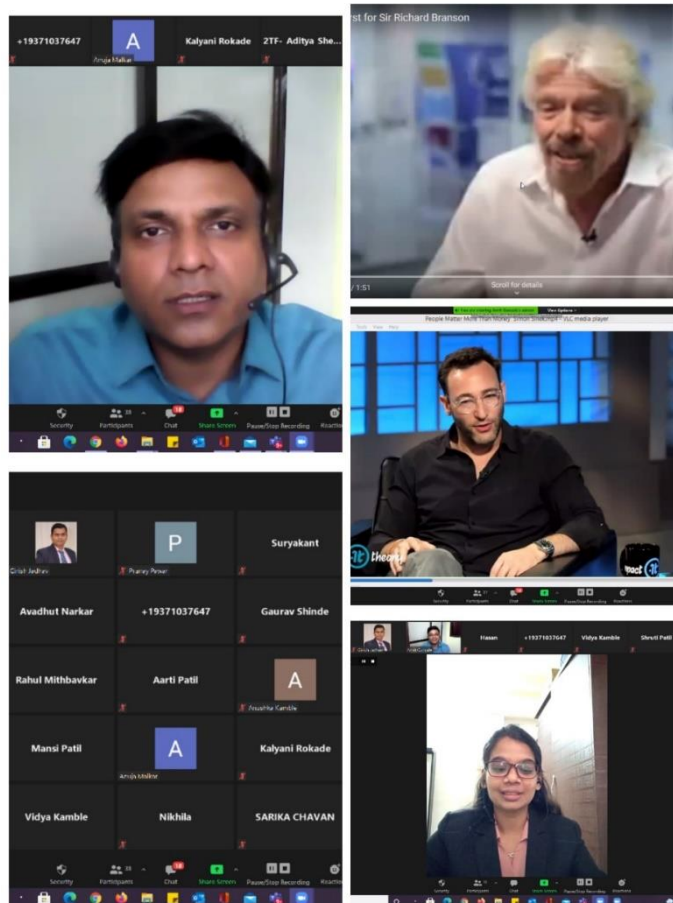


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In conclusion, the guest session has provided good insights on goal setting, motivation, clear focus, self-discipline to the students. Mr. Amit has explained that **Professional Effectiveness** in different domain. He shared live examples with students and tried solving with them, session was very much interactive. He gave a few tips for students how to be a best Forward planning and strategic thinking. Sir also made an awareness based on the commercial sectors.

### Glimpses of the Guest session on “How to Manage Professional Effectiveness? -Post Pandemic”



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## **Webinar on Life Leadership**

### **Program Details:**

**Topic:** Life Leadership

**Date:** 1<sup>st</sup> August 2020

**Time:** 12:30 pm to 2:30 pm

**Venue:** MS Teams Platform, DES'S NMITD.

### **Objectives:**

1. Understand importance of Leadership
2. How to take ownership of own's Life
3. Understand different ways to take lead

Guest session on "**Life Leadership**" by the facilitator Mr. Sandeep Desai on Microsoft Teams.

The session at 12:30 pm and Mr. Girish Jadhav welcomed the Guest speaker, Mr. Sandeep Desai, while the introductory speech was given by the student Nishant Pujari then the session was handed over to Mr. Sandeep Desai.

The session started with a question to everyone and that question was "Why are you here?" this question was very well explained with relevance to the existence of every individual in the world. This way the session continued in a very interesting manner there were some riddles shown. The session was all about how to lead your own life and which is very important to understand that every individual should learn to lead their own life instead of someone else leading it for you. The required things should be rather than convenient. The example of giraffe's birth was given for whenever life kicks, we should get up and become strong.



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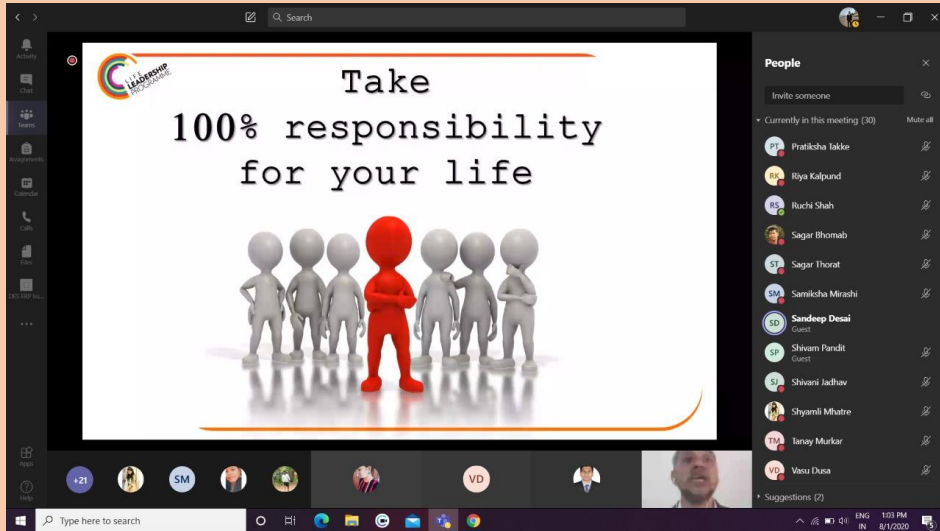


Key Learnings were, you don't have to always find the answer for "why are you here" sometimes you need to create your answer. Just finding the answer wouldn't work one should start working towards it. Always try to create the opportunity for oneself. Take complete responsibility for your own life don't blame others. Always face the fear and fight it. Ask the doubts whenever you don't understand, but don't repeat the same mistakes again and again. There is no failure unless you don't learn anything from that, there is only success and learning.



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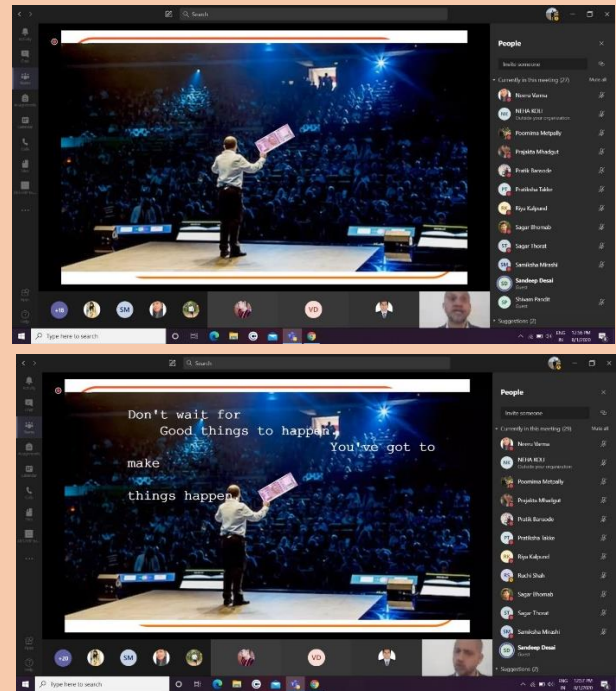
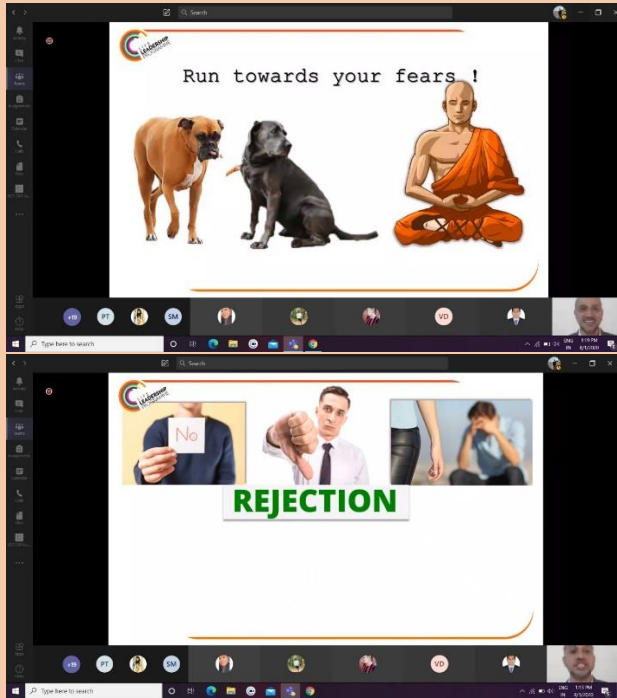
Then the session was ended with the saying “No matter how hard you fall, always remember to pick yourself up and back on your feet!!!”. The thank-you note was given by the student Kunal Doiphode.



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**NAVINCHANDRA MEHTA INSTITUTE OF TECHNOLOGY AND DEVELOPMENT**  
DES's Mumbai Campus, Kirti College Road, Off-Veer Savarkar Road, Dadar(w), Mumbai - 400 028

Tel No: 022- 62764588/81/82/83, Telefax: 022-24325700, Website: www.nmitd.edu.in,

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## **Report on Seminar of Food - The Medicine**

### **(Boosting Immunity with Right Food)**

#### **Program Details:**

**Topic:** Food - The Medicine (Boosting Immunity with Right Food)

**Date:** 8th August 2020

**Time:** 12:30 pm to 2:00 pm

**Venue:** MS Teams Platform, DES'S NMITD.

**Audience:** MMS Students

**Name of the Speaker:** Mrs. Ashwini Deshmukh.

#### **Objectives:**

1. To aware students about the Immunity
2. To understand how food will help to boost Immunity
3. To Know Which food is best for health
4. To know how to use food as medicine

Pratik Bansode the students of marketing stream introduced the Mrs. Ashwini Deshmukh, she has bachelor's degree in Pharmacy. Is a Nutritional Advisor of Phytabolites Nutraceuticals Pvt. Ltd and Nutritional Consultant- FitMe Studio, Aurangabad. She started her talk with the presentation that what is acidity and how to cureit? ...Increased the acidity to risk cancer, and she told the reason for the same. then she explained how to control BP and told about diet plan she also said to use cow ghee which is very important for a good health... And restrict outside food or junk food.

Madam had also told us do exercise regularly, try to meditate, or do yoga, lose weight if you are overweight, eat healthy food and make sure you get restful sleep without any



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stress. She has explained which food should eat and how it will useful for boosting our immunity.

Then she concluded her the topic by advising that do not take medicine without doctor's prescription because it is not good for health.

She answered all the questions asked by our students. So again, on behalf of NMITD Ms. Pratiksha takke thanking to speaker for such a wonderful session.



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**Food : The Medicine**

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**❖ Preventive Diet Parameters**

- Qualitative**
  - BMI Analysis
    - Fat %
    - Visceral fat
    - Metabolic age
    - BMR
- Quantitative**
  - Haemogram
  - Sugar - F / PP
  - HBA1c
  - Lipid profile
  - Thyroid
  - Urea Uric acid
  - Creatinine
  - SGOT / SGPT
  - B12
  - D3
  - Homocysteine
  - CR-P

**BMI = Wt.(Kgs)/Height (m')  
W/H=0.85 (NMT)**

Meeting controls: +3, A, AM, PM, VD, AK, PT, YD. System tray shows time 1:55 PM on 8/8/2020.



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## Food : The Medicine

### ❖ Type of Medicine & Side Effects

• Antibiotics	• Abdominal discomfort
• Painkillers	• Gastric haemorrhages
• Antacids	• Loss of calcium
• Cholesterol medicine	• Kidney damages
• Metformin (DM)	• Diabetes
• Steroids	• Anaemia

People

- Introduce...
- Currently in this meeting (17)
- Mihir Raj...
- Akshita K...
- alshakun...
- Anjali Mar...
- Dattatrukh, Yogesh
- Garhi Ladh...
- Jyoti Bhand...
- Rahul Dhap...
- Madhuri Mathew
- Moham Janab
- Poojara M...
- Pratik Ban...



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**Food : The Medicine**

**❖ Improper Lifestyle & Diseases**

The diagram shows a red arrow pointing from left to right, with five black dots along its path. From left to right, the dots are labeled: 'Improper diet', 'Lack of exercise', 'Junk food', 'Smoking', and 'Drinks'.

- Acidity
- Constipation
- Anaemia
- Obesity
- Diabetes
- Heart diseases
- Blood Pressure
- Thyroid
- Depression
- Cancer



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Presented to

**DR. ANITA BOBADE**

for being part of our annual

**Foundation Program 2020 as a Resource Person**

Thank you for sharing your knowledge and expertise on  
the topic of

**Understanding Stock Markets**

*Deepali Kamle*

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Ms. Deepali Kamle  
In-Charge Director, SVKM's IIS

Held on: 17th September 2020